

2013 MY SOUL IS RESTED

VITALS



Varietals	Petite Syrah 40%, Roussanne 40%, Grenache 10%, Syrah 8%, Viognier 2%
Vineyards	Stolpman, Watch Hill, John Sebastiano
Yields	1.6 tons / acre; 1.8 lbs/vine
Brix (at harvest)	24.3
Alcohol	14.5%
pH	3.78
Barrels / Coopers	300 neutral French Oak
Barrel Aging	19 months
Rackings	1 (plus bottling)
Filtering / Fining	None
Bottled	September 2015
Production	125 cases
Release	Fall 2015
Winery Retail	\$70

NOTES

My Soul Is rested is a wine in the manner of the sea, an exercise in opposites: there is an immense core of darkness, and the constant reflection of light; changing all the time, it is both salty and sweet. Dense and light, it clings like morning mist, and just moments after the sun comes up disappears without a trace. A wild child – Jaco Pastorious channeling Jimi Hendrix, Ravi Shankar and Ustad Alla Rakka “trading fours”, or Ziggy Stardust, “not sure if boy or girl” – completely structured, but equally wild.

Food: Flank Steak, medium rare, sliced; root vegetables (roasted, braised, grilled – whatever, so long as they're cooked to where the starches caramelize); that would be the first choice, but anything that can stand up for itself will work, including dark chocolate (I'm generally not a red wine chocolate fan, but it works here – in this case, serve at cellar temperature and use smaller glasses).

Music: Stephen Yerkey's "I just Haven't Laid Down Yet"; naturally: "The Unofficial Ballad of Story Musgrave" from Mark Lemhouse; Jaco Pastorious' "Slang" and "Okonkole Y Trompa"; "Song of the Sea" by Ethiopian pianist Tsegue-Maryam Guebrou; Pearl Jam's "I'm Open"

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